



Yoga 4 All

**Costa Rica Retreat
Jan. 27th- Feb. 3rd 2018
With Paula Ribotto
Trip Participant Agreement Terms and
Conditions**

Name: _____

Mobile Phone: (_____) _____ Home Phone: (_____) _____

Address: _____ City: _____ Province: ___ Postal Code: _____

E-mail address: _____@_____

Emergency Contact Info: Name _____ Relationship: _____

Phone: (_____) _____

Medical Alert (injuries, physical limitations, ailments, pregnancy, etc.) _____

Food allergies or dietary restrictions _____

Reservation:

A US\$500 ***non-refundable deposit*** per person will secure space on a first come first serve basis.
This retreat is for adults 18 years of age or older. The total cost for the Retreat is US\$1850/person if registered on or before Sept. 1, 2017 after Sept. 1st cost is US\$1950. All rooms are priced the same and are based on shared accommodations. Rooms will be allotted on a first come first serve basis and/or number of people signed up for the retreat. I will do my best to accommodate all requests for roommates. Married couples will automatically be allotted a King Size Bed unless fully booked already.

There are 4 Bedrooms with King size Beds & 3 Rooms with 2 Queen size beds. Roommates will assign their own beds. Please place your roommates request below.

Roommate(s) _____

_____ Payment in full including ***NON-REFUNDABLE US\$500 DEPOSIT***

_____ ***NON-REFUNDABLE*** \$500 Deposit

_____ Payment in full after Sept.1st 2017

50% of Balance due by Sept. 1st remainder of Balance due on or before Nov. 20th 2017
Paypal option available- a 3% charge will be added to the total amount

Initials _____

Trip Price Includes:

Accommodations for 7 nights at our own Private Villa - VILLA PRECIOSA RESORT

Daily Yoga:

Yoga classes will alternate between Kundalini Yoga, hatha, Yin, restorative yoga, yoga nidra, meditation, sound healing, and pranayama (breath work). Other yoga workshops/events are included and optional.

Bath Towels and Linens

Meals:

Dinner on day of arrival

breakfast

Lunch

Dinner

Breakfast on day of departure

Snacks and soft drinks and non-alcoholic beverages

All meals are vegetarian

Meals are a set menu. It is not possible for individual orders.

Airport transfers:

Shuttle service to and from Liberia Airport scheduled on arrival and departure days only.

13% Costa Rica Room Tax

Initials _____

Trip Price Does Not Include:

- Airfare to and from Liberia, Costa Rica. (Paula Ribotto cannot refund any cost for airfare in the case you need to cancel. It is highly recommended that you purchase cancellation and travel insurance.
- Cost of shuttle service each way if arriving or departing on non-scheduled days.
- Alcoholic beverages (beer, wine and specialty drinks available)
- Spa Treatments
- Massage
- Tours and Excursion.
- Costa Rica departure tax \$29 visa/mastercard accepted (check and make sure it is not included in your flight ticket)
- \$15-25 per day (recommended) per person ***cash only*** staff gratuities

Initials _____

Additional Information:

Each room is equipped with an air conditioner and hair dryer.

The Villa is on a well and septic systems. The water is safe to drink but water is a precious commodity especially December through May. Use water sparingly and do not allow running water down the drain without using it. The septic system is very effective; however, it will clog up if improper material is flushed. DO NOT FLUSH anything other than toilet paper. No feminine products should be flushed at anytime. If it is found that feminine products have been flushed and clogged the septic system, you could be charged damages of up to \$100.

Initials _____

Cancellations / Refunds:

All requests for cancellation must be submitted in writing. The following outlines cancellation policies:

\$500 deposit is non-refundable

Remainder of costs can be refunded up to Nov. 20th 2017. No refunds given for cancellations on or after Nov. 21st 2017 or for airfare purchased to attend the retreat.

If the participant arrives late to retreat or leaves prior to its conclusion, refunds will not be made for any unused portion of the retreat. No refunds will be made for meals, yoga classes or other activities that the participant misses or decided not to participate in for any reason.

Initials _____

Travel insurance:

It is recommended for all participants to purchase travel insurance. Your travel insurance should provide coverage against trip cancellation or interruption, personal accident, illness, death, medical expenses and emergency repatriation.

Initials _____

Passport:

A passport is required to enter Costa Rica. Each participant is responsible for determining their specific passport requirements and obtaining the necessary documents prior to departure. The process for obtaining a new passport can take 4-6 weeks. Non-Canadian citizens must consult with appropriate consulates to determine if any visas are needed.

Initials _____

Photographs / Video:

During the retreat I or Yoga 4 All may be photographing and digitally recording parts of the retreat and reserves the right to use any such photographs / videos / digital recordings in its advertising, displays, publicity materials and publications without obtaining further consent from any participant.

The undersigned hereby grants Paula Ribotto & Yoga 4 All permission to use their likeness in written publications and documentation, and on audio, video, television and the internet. I release, discharge and agree to hold harmless Paula Ribotto and Yoga 4 All from any liability that may occur in the reproduction of the finished product.

All profits, proceeds and income resulting from the production, distribution, sale and promotion of this product are the exclusive property of Paula Ribotto and Yoga 4 All of Thunder Bay, ON.

Initials _____

Agreement of Release and Waiver of Liability:

I am aware that participation in yoga classes with Paula Ribotto and/or Yoga 4 All may be a hazardous activity. I acknowledge that a certain minimum level of physical health, strength, fitness & flexibility will be required.

I am voluntarily participating in these activities with knowledge of the risks of injury for which I voluntarily assume.

As consideration for being permitted to participate in yoga classes and yoga exercises, I hereby agree that I, myself, my assignees, heirs, guardians and legal representatives will not claim against, sue or attach property of Paula Ribotto and/or Yoga 4 All for injury or damage resulting from my participation in any lesson, class, or activity. I hereby release Paula Ribotto and Yoga 4 All and all its heirs from any and all such actions, claims or demands that I, my assignees, heirs, guardians and legal representatives now have or hereafter may have for injury or damage associated with my participation in ANY class, workshop, or private lesson or Retreat offerings by Paula Ribotto and/or Yoga 4 All and for all claims, injury damages or liability suffered by me in connection with my lessons or participation at any location where I have participated. The undersigned participant agrees that Paula Ribotto and Yoga 4 All shall not be held liable for any injury, damage, loss, delay or irregularity for any reason, including but not limited to any defect in a vehicle, acts or default of any company or person engaged in conveying a participant, natural disasters or unforeseen events, delays or expenses arising from such occasions.

Initials _____

My signature below acknowledges all terms and conditions of this document

Participant Printed Name:

Participant Signature

Date

Paula Ribotto Signature

Date